



flying over the high jump... .

letting the discus fly...

sprinting down the track...

I've made some great friends...

Mum times my races...

11th February 2010

COMPETITION this Saturday at Kenmore.

Sat 13th February: Normal competition day
Sat 20th February:- Normal competition day <i>Nominations close for Junior Carnival / Senior Pentathlon</i>
Fri 26th February: Western Suburbs Games @Toowong Little Athletics – 5.30 – 9.00pm <i>No Nominations required</i>
Sat 6th March: Normal competition day
Sun 7th March: Junior Carnival / Senior Pentathlon at QEII
Sat 13th March: Normal competition day
Sat 20th March: Break up and Trophy Presentation at Kenmore
Fri 26th – Sun 28th March : State Championships at Townsville

Regional Championships

Congratulations to all Kenmore athletes who competed at the Regional Championships at Queensland University on the weekend.

The official results will be available on our website shortly. Many of our athletes placed in the top three with a good number of the U/9s and above progressing through to the State Championships in Townsville 26 to 28 March 2010. The top four from each final event progresses to States. Attached is a copy of the Kenmore Athletes who have qualified for the State Championships. The State program is available from the QLAA website.

Athletes will need to advise our Carnivals Co-ordinator, Janet by **Monday, 22 February** whether or not they are attending the State Championships. This can be done either at Centre Competition on Saturdays or by email to janetcbell@gmail.com

State Championships Shirts

Pre-orders and payments are being taken for the 2010 IGA State Championships Souvenir Shirts this Saturday.

The shirts are white with blue printed artwork and are available in sizes Youth 8 to 3XL. The cost is \$25 incl gst. Please see Melinda at the canteen.

Images courtesy of Sporting Images

Parent Roster

Thank you to all parents who helped out at the long jump pit over the weekend.

Also a special thanks to Kristen Rafferty, Alex Lazarou and Wayne Pennay for their assistance in running the Sunday sessions of the long jump.

The parents who assisted at Regional Championships please check the roster at the sign on desk this Saturday to ensure your name is recorded as helping so it can be counted towards parent participation.

Western Suburbs Games

The **Western Suburbs Games** are on **Friday Night 26th February at Toowong.** These are the friendly games with the local clubs of Toowong, Centenary and Kenmore. We encourage the Under 6s to participate in this carnival to have their first experience with Little Athletics in a carnival atmosphere. So just turn up – its run as a normal competition day.

Junior Carnival / Senior Pentathlon

Junior Carnival (U7 to U10) / Senior Pentathlon is being held at the University of Queensland, St Lucia on **Sunday 7th March.** This is a good opportunity for the younger athletes to experience the thrill of a major event at a large stadium. Nominations for the Junior Carnival close on **20th February.** Attached is a copy of the Nomination Form and the program.

If you are unable to make it to Centre competition on the next two Saturdays you can email your nomination forms to our Carnival Co-ordinator, Janet at janetcbell@gmail.com. **Closing time for emails is 6pm on Saturday 20th February.**

Break Up

Our break up party and trophy presentation day is set down for **Saturday 20th March at Kenmore.** More detail next week.

Next competition day is this Saturday at Kenmore 2.30pm start – See you there

See our web page for further details:
<http://www.kenmorelittleathletics.org.au> or
www.qlaa.asn.au or the KLA Yearbook

For further details:

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